

Micro Applesauce

Ingredients

6 medium apples

1 teaspoon ground cinnamon

¼ cup sugar (optional)

Mise en place! (Everything in its place)

Directions

1. Peel and core apples. Slice into 2 quart baking dish.
2. Sprinkle cinnamon and sugar over apples and mix slightly.
3. Cover tightly with plastic wrap and microwave on high 8-9 minutes.
4. Remove and let cool for a few minutes.
5. Carefully remove wrap and mash to desired consistency. Serve warm or cold.

[Link to Video](#)