

# Bananas Foster

## Ingredients

- 3 Tbsp. butter
- 3 Tbsp. brown sugar
- ½ tsp. cinnamon
- 2 bananas, peeled and sliced
- 3 Tbsp. brandy
- 3 Tbsp. orange flavored liquor
- Vanilla ice cream

## Mise en place! (Everything in its place)

### Directions

1. Spoon ice cream into dishes ahead of time and place in freezer.
2. In medium sized skillet, melt butter. Stir in brown sugar and cinnamon.
3. Add bananas and sauté about 1 minute, just to soften slightly.
4. Add liquors and flame with grill igniter or long fireplace match. Stir the mixture until the flame goes out.
5. Spoon the mixture over the ice cream and serve immediately.

Makes 2 large servings or 4 small servings

[Link to Video](#)